# you are invited to....

### **Speakers**

Partial Listing

Delaine Eastin

State Superintendent of Public Instruction

Senator Dede Alpert, Chair
Senate Education Committee

Senator Martha Escutia, Chair
Senate Health and Human Services Committee

Senator Bruce McPherson, Member Senate Education Committee

Senator Jackie Speier, Member - Invited
California Elected Women's Association for
Education and Research (CEWAER)
Board of Directors

Assembly Member Carole Migden, Chair
Assembly Appropriations Committee

Under Secretary Shirley Watkins – Invited Food, Nutrition and Consumer Services United States Department of Agriculture

Tal Finney, Policy Director
Office of Governor Gray Davis

Secretary Grantland Johnson
California Health and Human Services

Under Secretary Chris Wagaman California Department of Food and Agriculture

Diana Bontá, Director - Invited California Department of Health Services

## Registration

Please complete the enclosed registration form and fax to (916) 327-9199 or (916) 327-3412 by August 28, 2000.

For questions related to:	Please contact:	
Appointed and	California Elected Women's	
Elected Officials	Association for Education and	
Media and Press Events	Research	
	Tracy Saville	(916) 278-3877
Registration and Logistics	California Department of Education	
	Nutrition Services Division	
	Jodi Butler	(916) 323-2482
Program and Policies Areas	California Department of Education	
	Nutrition Services Division	
	Helen Magnuson	(916) 323-1302
	Cindy Schneider	(916) 322-1566



## POLICY AND COMMUNITY ACTION SUMMIT

Growing Healthy Children Through Nutrition, Physical Activity, and Education

Dates: September 27 – 28, 2000

**Time:** Day 1: 9:00 a.m. to 4:00 p.m.

Day 2: 8:30 a.m. to 3:30 p.m.

**Location:** California Exposition Center

1600 Exposition Boulevard Sacramento, CA 95815

#### Goals

To develop strategies and actions for the implementation of a seamless network of school, community, statewide, and national policies that:

- Create and sustain a healthy school environment to improve children's academic performance and well being;
- Support and fund schools and communities to implement policies and programs;
- Strengthen collaboration between education, health, and agriculture to develop and maintain a healthy school environment for children;
- Broaden the base of support for programs and policies supporting a healthy school environment; and
- Promote healthy eating and physical activity to reduce the devastating effects of obesity, diabetes, heart disease, stroke, cancer, and osteoporosis.

# **Summit Policy Areas**

These issues will be addressed with a focus on the following questions:

Advertising, Contracting, and Implementing Standards for Food and Beverage Sales on School Campuses

What can schools and communities do to limit unhealthy foods and make healthy and appealing foods more available outside of the school nutrition program's reimbursable meals?

Providing School-based Nutrition Education

What are schools and communities doing to provide children and youth with the skills for making healthy food choices?

Halting the Childhood Obesity Epidemic

How should schools and communities address the childhood obesity epidemic?

Meeting the Needs of Hungry Children

Are schools and communities serving the needs of hungry children? What can they do to make a difference?

Implementing School Nutrition and Physical Activity Policies

What are schools and communities doing to improve school nutrition and physical activity policies and ensure their implementation?

- Beyond the School Garden: Walking the Talk of a Healthy School Environment

  How can schools and communities use school gardens to have students participate more
  successfully in their educational experiences, develop a deeper appreciation for each other
  and their community, learn about recycling methods and opportunities, and make healthier
  food choices?
- Linking Nutrition and Physical Activity to Academic Performance

  How can schools and communities use health, nutrition, and physical activity programs to increase academic performance for children in low-performing schools?
- Ethical and Practical Opportunities for Communities

  How can communities foster and reinforce an environment that promotes a healthy lifestyle for children after the school day?

# **Summit Sponsors**

California Department of Education (CDE)
California Elected Women's Association for Education and Research (CEWAER)

#### Summit Partners - To Date

- American Cancer Society California Division
  - California Association for Health, Physical Education, Recreation, and Dance
- California Association of School Business Officials
- California Cardiovascular Disease Prevention Coalition
- California Center for Health Improvement
- California Department of Food and Agriculture
- California Department of Health Services
- California 5-A-Day Campaign
- California Food Policy Advocates
- California Nutrition Council
- California Nutrition Network for Healthy, Active Families

- California Project LEAN
- California School Boards Association
- California School Food Service Association
- Center for Public Health Advocacy
- CEWAER Nutrition and Physical Activity
  Advisory Council
- California Public Health Association-North and South
- Dairy Council of California
- State Board of Education Child Nutrition Advisory Council
- U.S. Department of Agriculture, Western Region Office
- U.S. Department of Education Region 9